

Department Of Psychology, UCSSH, MLSU

UNIT-I TOPIC-3 B.A. I YEAR

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Psychoanalysis

- Proposed by Sigmund Freud
- Basic postulates
- Level of Consciousness
- Conscious, Unconscious and Subconscious/ Pre conscious
- STRUCTURAL MODEL- ID, EGO, SUPER EGO

Psychoanalysis

- Defense Mechanism
 - - Repression
 - -Reaction Formation
 - -Fixation
 - -Projection
 - -Regression
 - -Rationalization
 - -Displacement

Psychoanalysis

- Stages of Psychosexual Development
- - Oral
- -Anal
- -Phallic
- -Latency
- - Genital

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Psychoanalysis

- ◉ Dream Interpretation
- ◉ Freudian Slip
- ◉ Criticism-
- ◉ For over emphasis on Instincts
- ◉ Unspecific concepts
- ◉ Lack of providing data

Humanistic School

- Proposed by Carl Rogers and Maslow
- Major Contribution
- Concept Of Self
- Self Concept
- Self Actualization

Humanistic School

- Person Centered Therapy/ Client Centered Therapy
- Unconditional Positive regard
- Empathy
- Need Hierarchy / Holistic approach to Motivation

Humanistic School

- Criticism
- Subjective in nature
- Favours unscientific methods like introspection

Cognitive School

- Major Contribution of Tolman, Piaget
- Basic Features
- Psychology should be seen as science
- Scientific Study of Mental Processes
- Mind work as information Processor

Cognitive School

- Man and Machine (Information Process and Computer)
- Piaget theory of Cognitive Development
- Language developement, Memory, thinking

Conclusion

- All the Schools have significant role in the development of psychology.