

Department of Psychology
University College of Social Sciences and Humanities
Mohanlal Sukhadia University, Udaipur

Name of the Course : Certificate in Community Mental Health

Course duration : Six months

Strength : 30

Eligibility : Graduation in any subject/discipline preferably from psychology, social work, sociology, counseling and related disciplines.

Medium of Instructions : Bilingual (Hindi/ English)

Objective of the Course : This course will help students to:

1. Provide information and educate the general public about the common and severe mental health condition prevailing.
2. Identify, screening of the mental health disorders and the factors behind that.
3. Understand the stigma about the mental disorders and disabilities.
4. Understand the management options for mental health problems.

Methodology of the Teaching:

Course will be:

- Interactive and experiential in nature
- There will be intense field work
- Report writing
- Internship

Course Structure: The certificate course in community mental health will be of six months duration. A student has to complete the entire three criteria for the successful completion of the certificate.

Content of the Course:

Module	Title of the Module
Paper 1	Introduction to mental health and mental disorder and how to identify the disorders.
Paper 2	Assessment of various disabilities, intellectual deficits and academic problems.
Paper 3	Various basic counseling skills and competencies required. Professional ethics, case writing.
Paper 3	Introduction, concept, types and functions of Community. Different models of Community.
Paper 4	Behavioral analysis and intervention- relaxation procedures, behavioral analysis, problem solving skills .
Paper 5	Psycho education- self help skills, Rehabilitation.
Paper 6	Identification and Intervention for substance abuse disorders.

Criteria of Successful completion of the certificate course:

- Two case submissions related to the community work 50 marks each totaling to 100 maximum marks.
- Reports of the patients evaluated for the mental health in particular given Performa.
- The question paper shall consist of 20 questions of 4 marks each and 60 questions of 2 marks each totaling to 200 maximum marks.
- All questions shall be objective type with multiple choices

Scheme of Examinations shall be as follows:

- A. Grade- Marks 75 % and above
- B. Grade- Marks 60 % and above but less than 75 %
- C. Grade- Marks 50 % and above but less than 60 %

Qualifying mark – 50 %