

UNIT-IV

Teaching: Meaning and Principles. Logical and Psychological methods of teaching, programmed instructions.

Play and Play Methods: Play and its theories. Play Way methods in Education.

UNIT-V

Montessori method: Dalton Plan; Projected method.

Measurement in education: Why, What and How? Characteristics of a Psychological test, Teacher made achievement test, essay type and objective type: their relative merits and demerits.

BOOKS RECOMMENDED :

1. S.S. Mathur : Educational Psychology
(English & Hindi Edition)
2. B. Kuppuswamy : Educational Psychology
(English & Hindi Edn.)
3. Skinner : Educational Psychology
4. Crow and Crow : Educational Psychology
5. A Rauf : Text-book of Educational Psychology
6. S.S. Chauhan : Educational Psychology
7. पाठक, पी.डी. : शिक्षा मनोविज्ञान
8. Jitendra Mohan : Educational Psychology,
(Ed.) 1993 New Delhi Wiley-Eastern.

IX - A COUNSELLING PSYCHOLOGY

UNIT-I

An Overview of counselling: Definitions of Counselling, Distinctions Between Counselling and Psychotherapy, Goals of Counselling, Historical Development of the Counselling Profession, Counsellor Credentialing, Selected speciality areas, The role of the counsellor.

Counsellor: Personal Characteristics of Effective Counsellors, The Process of Counselling, On Becoming a Counsellor.

UNIT-II

Affective Approaches to Counselling: Person-Centered Therapy, Gestalt Therapy, Existential Therapy.

Cognitive-behavioural Approaches to Counselling: Rational Emotive Therapy, Behavioural Counselling, Reality Therapy, Transactional Analysis, Other Emphases.

UNIT-III

Towards a Personnel Theory of Counselling: Characteristics of Theories, Steps in Building a Personnel Theory, Comparison of the Major Counselling.

Characteristics of Helping Relationship: The Helping Relationship: An Overview, The Therapeutic Climate, Characteristics of an Effective Counselling Relationship.

UNIT-IV

Counselling Procedures/Skills 1: Initial Procedure, The Initial Counselling Interview, Counselling Skills.

Counselling Procedures/Skill 11: Advanced Empathy, Theme Identification, Self-Disclosure, Perception Check, Interpretation, Action Strategies, Goal Setting, Termination and Follow-up.

UNIT-V

Career Counselling: The Changing World of Work, Theories of Career Development, The Career-Counselling Process, Career- Counselling Tools.

Diagnosis and Assessment: James T. Hurley, Ed.D., AABM, Diagnosis, Assessment, Types of Tests, Communicating Results.

BOOKS RECOMMENDED :

1. Rickey L., George : Counselling Theory and
and Thereses Practice, Allyn : Bacon,
Cristiani Boston, London, Sydney,
Tokyo, Singapore.
2. Pasricha Prem : Guidance and Counselling
in Indian Education.
3. Myers : Principle and Technique of
Guidance.

4. Belkni, G.S. (1988): Introduction to Counselling
W.G. Brawn Publishers.
5. Nelson J. (1982) : The theory and practice of
Counselling Psychology,
NewYork: Holt Rureheart
and Wliston
6. डॉ. चौहान वी.एल. एवं : निर्देशन एवं परामर्श, अंकुर प्रकाशन,
डॉ. जैन कल्पना उदयपुर