Stein: Thematic Apperception Test, Massachusetta, Addison) Wesley, 1955.

Wolberg: Techniques of Psychotherapy, New Youk, Gurn and Stration, 1967.

Lezak, M.D.: Neuropsychological Assessment, London, Oxford University Press, 1976.

Golden, C.J. Diagnosis and Rehabilitation in Clinical Neuropsychological Springfield, Charles Thomas, 1978.,

Singh, A.K. (2001). Advanced Clinical Psychology. Motilal Banarasi Dass, Varanasi.

PAPER-IX-B PSYCHOLOGICAL THERAPIES PSYCHOLOGICAL THERAPIES

UNIT-I

Concept of Behaviour Modification: Its Origin, Development, Basic Assumption and Importance in various fields.

Behaviour modification in natural environment, its theory, principles and assumptions.

UNIT-II

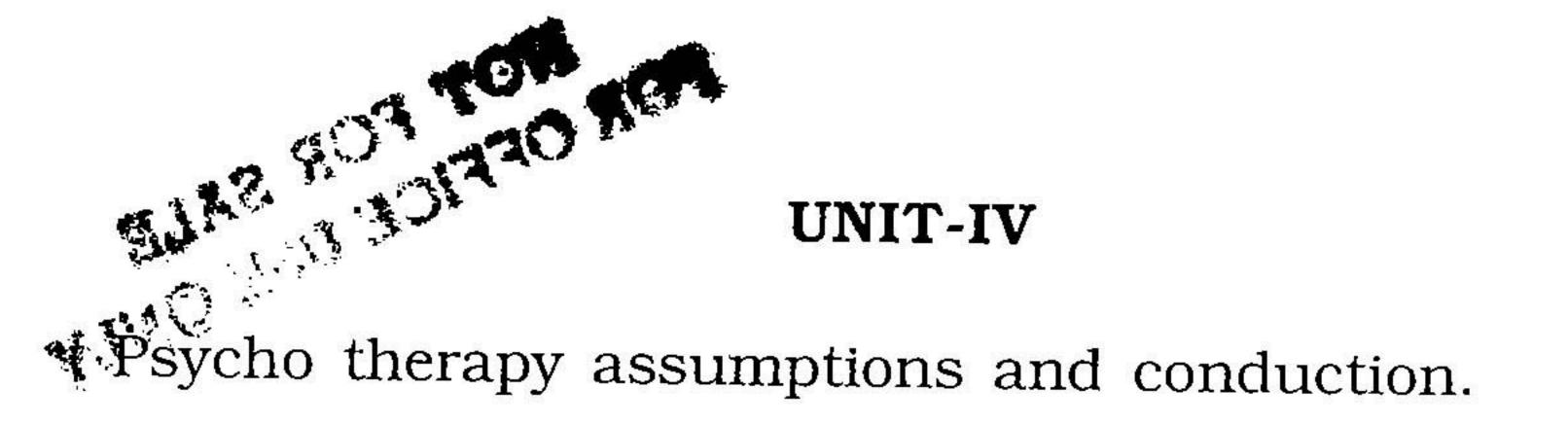
Operant Methods in Self-Control: Background, Application of operant procedure in obesity, study behaviour, self-control principles, empirical findings.

Aversion Therapy: Meaning, Technique, Electrical Stimulation, narcotic Addiction, Drugs, Covert sensitisation, Practical guide uses for A.T.

UNIT-III

Background of Systematic Desensitisation; Its theory applicability and some empirical findings. Nature and Methods of Assertive Training; Its implementation and experimental studies; Behaviour Rehearsal - the minimal effective response Escalation passive, Aggressive Techniques.

Concept and procedures of modelling; Acquisition and Facilitation of new Behaviour Patterns by modelling: Disinhibition and the Vicarious Extinction of fear and Anxiety by Modelling.



Group therapy; Psycho-analytical techniques, Phenomenological Methods, Client-centered therapy.

UNIT-V

Cognitive Methods in Behaviour Modification; Rational Emotive Therapy, Thought stopping, Sex therapy. Family therapy, Hypnosis.

Bio-feed back techniques: Concept, assumption, types of techniques, application of techniques, medical and behavioural problems.

BOOKS RECOMMENDED:

Rim & Masters : Behaviour therapy: Academic Press.

Wolpe, Joseph : The Practice of behaviour (1982)Therapy, Pergamon Press.

Dobson, K.S. : Handbook of cognitive (1988)Behaviourat Therapies, Hutshinson, London.

Tharp, G.R.& : Modification in Environment, Wetzel, J.R. Academic Behaviour Press. (1968)

Krasner & : Researches in Behaviour Ullman Modification

: Principles of Behaviour Eandura 6. Modification.

: Case Studies in Behaviour Ullman & Modification. Krasner

: Leaming and Social Mc Laughlin Behaviour

: Behaviour Therapy and Eysenck Neurosis.

Henry C. Richard: Behavioural Intervention in Human Problems.

Kanfer and Philips: Leaming Foundations of Behaviour Therapy.

: Contingencies of 12. Skinner Reinforcement.