

Semester – III
OPTIONAL GROUP
GROUP - B: CLINICAL
Paper – IIIB
PAPER CODE:43563-B
CLINICAL PSYCHOLOGY-I

UNIT-I

Introduction and Mental Health:

Perspective of Clinical Psychology; Brief history and conceptual frame-work.

UNIT-II

Nature of Mental Health: Concepts of Normality and pathology, models of Mental Health
intervention.

UNIT-III

Clinical Assessment:

Nature and purpose: Informal assessment and clinical relationship; Formal assessment.

UNIT-IV

Interview, Case History, Psychological Testing: General principles and diagnostic tests in
clinical use.

UNIT-V

Adjustment , Stress and Coping Behaviour.

RECOMMEND BOOKS:

1. Korchin, S.J. : Modern Clinical Psychology, Tokyo, Harper International Edition, 1976
2. Kendall and Norton-Ford : Clinical Psychology, Tokyo, Wiley International Edition, 1982
3. Wolman : Handbook of Clinical Psychology, New York, McGraw Hill, 1965.
4. Anderson and Anderson : Introduction to Projective, Techniques, New York, Prentice Hall,
5. Klopfer and Davidson : Rorschach Techniques, New York, Harcourt, Brace and World, 1962.
6. Stein : Thematic Apperception Test, Massachusetts, Addison Wesley, 1955.
7. Wolberg : Techniques of Psychotherapy, New York, Gurn and Stratton, 1967.
8. Lezak, M.D. : Neuropsychological Assessment, London, Oxford University Press, 1976.
9. Golden, C.J. : Diagnosis and Rehabilitation in Clinical Neuropsychological Springfield, Charles Thomas, 1978.,
10. Singh, A.K. (2001). : Advanced Clinical Psychology. Motilal Banarasi Dass, Varanasi.