

**Semester – III**

**OPTIONAL GROUP**

**GROUP - B: CLINICAL**

**Paper – IIIB**

**PAPER CODE:43563-B**

**CLINICAL PSYCHOLOGY-I**

**UNIT-I**

**Introduction and Mental Health:**

Perspective of Clinical Psychology; Brief history and conceptual frame-work.

**UNIT-II**

Nature of Mental Health: Concepts of Normality and pathology, models of Mental Health intervention.

**UNIT-III**

**Clinical Assessment:**

Nature and purpose: Informal assessment and clinical relationship; Formal assessment.

**UNIT-IV**

Interview, Case History, Psychological Testing: General principles and diagnostic tests in clinical use.

**UNIT-V**

Adjustment , Stress and Coping Behaviour.

**RECOMMEND BOOKS:**

1. Korchin, S.J. : Modern Clinical Psychology, Tokyo, Harper International Edition, 1976
2. Kendall and Norton-Ford : Clinical Psychology, Tokyo, Wiley International Edition, 1982
3. Wolman : Handbook of Clinical Psychology, New York, McGraw Hill, 1965.
4. Anderson and Anderson : Introduction to Projective, Techniques, New York, Prentice Hall,
5. Klopfer and Davidson : Rorschach Techniques, New York, Harcourt, Brace and World, 1962.
6. Stein : Thematic Apperception Test, Massachusetts, Addison Wesley, 1955.
7. Wolberg Gurn and : Techniques of Psychotherapy, New York,

8. Lezak, M.D. : Stration, 1967.  
Oxford : Neuropsychological Assessment, London,  
University Press, 1976.
9. Golden, C.J. : Diagnosis and Rehabilitation in Clinical  
Neuropsychological Springfield, Charles  
Thomas, 1978.,
10. Singh, A.K. (2001). :Advanced Clinical  
Psychology. Motilal Banarasi Dass,  
Varanasi.