

Semester – IV

OPTIONAL GROUP

GROUP A - EDUCATIONAL

Paper – IVA

COUNSELLING PSYCHOLOGY-II

UNIT-I

Counselling Procedures/Skills 1: Initial Procedure, The Initial Counselling Interview, Counselling Skills.

UNIT-II

Counselling Procedures/Skill 11: Advanced Empathy, Theme Identification, Self-Disclosure, Perception Check, Interpretation, Action Strategies, Goal Setting, Termination and Follow-up.

UNIT-III

Career Counselling: The Changing World of Work, Theories of Career Development, The Career-Counselling Process, Career- Counselling Tools.

UNIT-IV

Diagnosis and Assessment: James T. Hurley, Ed.D., AABM, Diagnosis.

Unit – V

Assessment, Types of Tests, Communicating Results.

RECOMMENDD BOOKS:

1. Rickey L., George and
Thereses Cristiani
Counselling Theory and Practice, Allyn: and
Bacon, Boston, London, Sydney,Tokyo,
Singapore.
2. Pasricha. Prem
Guidance and Counselling in Indian Education.
3. Myers
Principle and Technique of Guidance.
4. Belkni, G.S.(1988)
Introduction to Counselling W.G. Brawn
Publishers.
5. Nelson J. (1982)
The theory and practice of counselling
Psychology.

NewYork: Holt Rureheart and Wlliston

6th डॉ० चौहान वी.एल. एवं जैन कल्पना निर्देशन एवं परामर्श, अंकुर प्रकाशन, उदयपुर

