

**Semester – IV**  
**OPTIONAL GROUP**  
**GROUP A - EDUCATIONAL**  
**Paper – IVA**  
**COUNSELLING PSYCHOLOGY-II**

**UNIT-I**

Counselling Procedures/Skills 1: Initial Procedure, The Initial Counselling Interview, Counselling Skills.

**UNIT-II**

Counselling Procedures/Skill 11: Advanced Empathy, Theme Identification, Self-Disclosure, Perception Check, Interpretation, Action Strategies, Goal Setting, Termination and Follow-up.

**UNIT-III**

Career Counselling: The Changing World of Work, Theories of Career Development, The Career-Counselling Process, Career- Counselling Tools.

**UNIT-IV**

Diagnosis and Assessment: James T. Hurley, Ed.D., AABM, Diagnosis.

**Unit – V**

Assessment, Types of Tests, Communicating Results.

**RECOMMENDD BOOKS:**

1. Rickey L., George and  
Thereses Cristiani                      Counselling Theory and Practice, Allyn: and.  
Bacon, Boston, London, Sydney, Tokyo, Singapore.
  2. Pasricha. Prem                              Guidance and Counselling in Indian Education.
  3. Myers    Principle and Technique of Guidance.
  4. Belkni, G.S.(1988)                              Introduction to Counselling W.G. Brawn Publishers.
  5. Nelson J. (1982)                                The theory and practice of counselling Psychology.  
NewYork: Holt Rureheart and Wlliston
- 6<sup>o</sup> डॉ० चौहान वी.एल. एवं जैन कल्पना निर्देशन एवं परामर्श, अंकुर प्रकाशन, उदयपुर