

# COSMETIC SCIENCE(Theory)

## Course Content:

### UNIT I

**10Hours**

Classification of cosmetic and cosmeceutical products

**Cosmetic excipients:** Surfactants, rheology modifiers, humectants, emollients, preservatives.

Classification and application

**Skin:** Basic structure and function of skin.

**Hair:** Basic structure of hair. Hair growth cycle.

**Oral Cavity:** Common problem associated with teeth and gums.

### UNIT II

**10 Hours**

**Principles of formulation and building blocks of skin care products:**

Face wash, Moisturizing cream, Cold Cream, Vanishing cream their relative skin sensory, advantages and disadvantages. Application of these products in formulation of cosmeceuticals.

**Principles of formulation and building blocks of Hair care products:**

Conditioning shampoo, Hair conditioners, antidandruff shampoo.

Hair oils.

Chemistry and formulation of Para-phenylene diamine based hair dye.

Principles of formulation and building blocks of oral care products:

Toothpaste for bleeding gums, sensitive teeth. Teeth whitening, Mouthwash.

### UNIT III

**10 Hours**

Sun protection, Classification of Sunscreens and SPF.

**Role of herbs in cosmetics:**

Skin Care: Aloe and turmeric

Hair care: Henna and amla.

Oral care: Neem and clove

**Analytical cosmetics:** BIS specification and analytical methods for shampoo, skincream and toothpaste.

### UNIT IV

**08 Hours**

Definition of cosmetics as per Indian and EU regulations, Evolution of cosmeceuticals from cosmetics, cosmetics as quasi and OTC drugs.

Principles of Cosmetic Evaluation: Principles of sebumeter, corneometer. Measurement of TEWL, Skin Color, Hair tensile strength, Hair combing properties

Soaps, and syndet bars. Evolution and skin benefits.

### UNIT V

**07 Hours**

Oily and dry skin, causes leading to dry skin, skin moisturisation. Basic understanding of

the terms Comedogenic, dermatitis.

Cosmetic problems associated with Hair and scalp: Dandruff, Hair fall causes

Cosmetic problems associated with skin: blemishes, wrinkles, acne, prickly heat and body odor.

Antiperspirants and Deodorants- Actives and mechanism of action

## **References**

- 1) Harry's Cosmeticology, Wilkinson, Moore, Seventh Edition, George Godwin.
- 2) Cosmetics – Formulations, Manufacturing and Quality Control, P.P. Sharma, 4<sup>th</sup> Edition, Vandana Publications Pvt. Ltd., Delhi.