

Paper Code: 4865

## **M.A. PREVIOUS HOME SCIENCE**

### **Practical – I**

### **HUMAN NUTRITION**

#### **Distribution of Marks**

**Duration: 3 Hrs.**

**M. M. 50**

1.	Sessionals and File	10 + 10
2.	Menu Planning	10
3.	Preparation of two dishes	10
4.	Display	5
5.	Viva	5
	<b>Total</b>	<b>50</b>

**Note:** There will be one hour for menu planning and 2 hours for cooking.

1. Planning and preparation of dishes rich in Energy, Protein, Fibre, Calcium, Iron, Vitamin-c, and Vitamin A.
2. Planning and preparation of bland diet recipes.
3. Planning and preparation of low calorie recipes.
4. Planning and preparation of diets for patients with common disorders – Diabetes, over-weight, liver.
5. Planning and preparation of diets for the elderly in health.
6. Preparation of nutritious snacks for children in energy and protein.
7. Assessment of nutritional status.

Paper Code: 4866

**Practical – II**  
**Interior Designing**

**Distribution of Marks**

**Duration: 3 Hrs.**

**M. M. 50**

1.	Sessionals and File	10 + 10
2.	Window treatment	10
3.	Furniture Placement	10
4.	Minor	5
5.	Viva	5

1. Collection of building material (samples).
2. Furniture placement in a room with the help of furniture templates.
3. Window treatment.
4. Making of napkins and napkin folding for table arrangement.
5. Flower arrangement.
6. Visit and report of consumer redressal forum.