

PRACTICAL - II
MEAL MANAGEMENT

Planning and preparation of meals for different age, sex, income, groups, pregnant and lactating mother.

Invalid cookery : Liquid and soft diet.

Diets during constipation, diarrhoea, over weight, under weight and diabetes.

Preparation for special occasion (any four occasions).

Distribution of Marks:

	M.M. : 25
Sessional and Files	08
Preparation of recipe	05
Meal Planning	10
Cleaning	02
Total	25

TDC SECOND YEAR ARTS, 2008-2009

GEOGRAPHY

Paper I : Geographical Thoughts and Methodology

Paper II : Economic Geography

Practical : Cartography-II (Projections and presentation of socio-economic data & elementary statistical methods)

Notes :

1. Each theory paper will be of 70 marks with minimum pass marks of 25.
2. Each practical will be of 60 marks with minimum pass marks of 22.
3. Teaching hours for each theory paper and practical will be three hours per week.
4. Practical batch will comprise of twenty students.
5. Use of map stencils (outline of political boundaries only) and simple function calculators are allowed in the examination.
6. Each theory paper of three hour duration will be divided into five units and questions will be asked as per following scheme:

GEOGRAPHY**PAPER-I****GEOGRAPHICAL THOUGHTS AND
METHODOLOGY****UNIT - I**

- a) The nature of geography: definitions, meaning and philosophy.
- b) Objectives and relevance of geography.
- c) Place of geography in the classification of sciences : natural and social sciences.
- d) Relations with other social sciences with reference to nature, content and methods.
- e) Elements of geography: location on the surface of the earth, physical conditions, forms of life, and human responses.

UNIT - II

- Brief survey of evolution of geographical ideas:
- a) Beginning of classical geography: contribution of Greeks, Romans
- b) Geography in middle ages: Europe, Middle East, China, India
- c) Age of exploration and impact of discoveries.

Sections	Questions		Marks	Distribution of Questions
	To be Asked	To be Attempted		
1. Very Short (Objective/ Questions)	10	10	10	Proportionately from each Unit with internal choice
2. Short Answers (250 words)	10	5	30	
3. Analytic/Descriptive Questions (500 words)	4	2	30	
Total	24	17	70	

Founders of modern geography: Humboldt and Ritter

Modern period: major traditions of geographic studies.

UNIT - III

or themes and sub-themes in geography:

Man-environment relations: determinism and possibilism and neo-determinism

Areal differentiation and spatial organisation.

Dualism and complementarity in geography: physical/human; systematic/regional.

Radicalism in geography.

Behaviouralism in geography.

UNIT - IV

or concepts in geography:

Concept of terrestrial unity and interconnections.

Concept of activity and change.

Concept of region and types of region.

Concept of culture and acculturation.

Spatial interaction and gravity model.

UNIT - V

Methodological issues :

- a) Explanations in natural and social sciences; routes to scientific explanation.
- b) Explanatory forms in geography.
- c) Sources of data.
- d) Cartographic techniques & quantitative methods.
- e) Remote sensing and geographical information system.

Suggested Readings :

1. Abler, Ronald F. et al, Geography's Inner Worlds: Pervasive themes in contemporary American Geography, Routledge, New Jersey, 1992.
2. Dikshit R. D.: Geographical Thought - A Contextual History of Ideas, Prentice Hall of India Pvt. Ltd. 2000.
3. Dikshit R. D.: The Art and Science of Geography: Integrated Readings, Prentice Hall of India, New Delhi, 1994.
4. Dohrs, F. E. and Sommers, L. W. (eds.) Introduction to Geography, Thomas Y. Crowell Co., New York, 1967.
5. Hartshorne, Richard, Perspective on the Nature of Geography, Rand McNally and Co., Chicago, 1959.

5. Harvey, David, Explanation in Geography, Edward Arnold, London, 1972.
6. Holt-Jensen, A., Geography: Its History and Concepts, Longmans, 1980.
7. Husain, Majid, Evolution of Geographical Thought, Rawat Publications, Jaipur, 1984.
8. James, P.E., All Possible Worlds: A History of Geographical Ideas, Sachin Publication, Jaipur, 1980.
9. Johnston, R.J. and Claval, R (eds.), Geography Since the Second World War, Croom Helm, London/Bernes and Noble, N.J., 1984.
10. Jones, P.A.: Field Work in Geography, Longmans, 1968.
11. Lownsburg, J.F. and Aldrich, F.T., Introduction to Geographical Methods and Techniques, Charles Marrill, Columbus, 1979.
12. Minshull, R., The Changing Nature of Geography, Hutchinson University Library, London, 1970.
13. Wooldridge, S.W., The Geographer As Scientist, Thomas Nelson and Sons. Ltd., London, 1956.
14. जैन, एस.एम. : भौगोलिक चिन्तन का विकास (साहित्य भवन, आगरा)
15. कौशिक, एस. डी. : भौगोलिक विचारधारा एवं विधि तंत्र (रस्तोगी प्रकाशन, मेरठ)
16. माथुर एवं जोशी : भौगोलिक विचारधाराओं का इतिहास (आर.बी.एस. पब्लिशर्स, जयपुर)
17. सिंह, जे. : भौगोलिक चिन्तन के मूलाधार (वसुन्धरा प्रकाशन, नई दिल्ली)
18. सिंह, यू. : भौगोलिक चिन्तन का विकास (कल्याणी पब्लिशर्स, नई दिल्ली)