## **HOME SCIENCE**

## Practical – II

## **Meal Management and Preparation of Audio Visual Aids**

- 1. Planning of meals for different age, sex, income groups, Pregnant and lactating mother.
- 2. Diets during constipation, diarrhoea, Over Weight, Under Weight, diabetes, hypertension and Jaundice.
- 3. Preparation of Audio Visual aids Charts, Posters, Folders and Flash Cards.
- 4. Use of Audio Visual aids in communication

Distribution of Marks:		Max. M. 25
1.	Sessional and file	08
2.	Meal Planning	10
3.	Preparation and Presentation of Audio Visual Aids	07
	Total	25