

PAPER-II
GUIDANCE & COUNSELLING

Unit-I

Meaning and scope of Guidance : Areas of Guidance, Educational, Vocational, Personal and Group Guidance. Need of guidance with special reference to India.

Unit-II

Guidance services: Self Inventory service, Information service, Personal Data collection service, Counselling service, Placement service, follow-up service Organization of guidance programme in School/college in community (Rural/Urban).

Unit-III

Personality: Meaning of Personality and Personal Adjustment; Personality Assessment, subjective and Objective techniques.

Counselling: Its concept and importance. Distinction between counselling and guidance.

Unit-IV

Methods of Counselling : Directive, non-directive, eclectic and group counselling.

Concept of Aptitude : Types of aptitude tests, G.A.T.B., D.A.T.B. and special aptitude tests.

Unit-V

Achievement and its measurement : Cumulative Record; Intelligence tests verbal, non-verbal and performance type.

Interview : Its importance and types, structured, unstructured, interview schedule, counselling interview.

Books Recommended:

1. John : Principles of guidance & Pupils Personal work
2. Myers : Principles & Techniques of Guidance.
3. Robert Smith & Erickson : Organisation and Administration of Guidance Service.
4. Super, D.E. : Counselling in Secondary Schools.
5. Pasrich and Prem : Guidance & Counselling in Indian Education.
6. इन्दु दवे एवं ए.बी. पाठक: निर्देशक के मूल तत्व
7. डॉ. चौहान वी. एल. एवं : निर्देशन एवं परामर्श
डॉ. जैन
8. कोचर : निर्देशन एवं परामर्श